

Observable Signs of a Vision Problem

- ▣ Rubs eyes frequently
- ▣ Squints
- ▣ Closes or covers one eye
- ▣ Able to read only for a short time
- ▣ Holds things very close or very far
- ▣ Poor reading comprehension
- ▣ Frequent headaches
- ▣ Sloppy handwriting
- ▣ Head tilt or head turn
- ▣ Frequently runs into things
- ▣ Short attention span
- ▣ Turning of an eye in or out
- ▣ Quickly fatigues when reading
- ▣ Whispers to self when reading
- ▣ Poor coordination
- ▣ Awkward when climbing, throwing, etc.
- ▣ Well coordinated yet has trouble with games such as tennis
- ▣ Poor or no spacing when writing
- ▣ Trouble learning left and right
- ▣ Reverses letters and numbers
- ▣ Poor judgement of depth
- ▣ Uses finger to keep place when reading
- ▣ Mistakes words with similar beginnings
- ▣ Difficulty recognizing letters, words, shapes
- ▣ Trouble with basic math concepts
- ▣ Poor speller
- ▣ Poor copying skills
- ▣ Dizziness or motion sickness
- ▣ Poor posture when reading or writing
- ▣ Performs below potential in school
- ▣ Homework takes much longer than usual

Family Optometry

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